



# Carmarthenshire PSB want to promote:



## Healthy Habits

People have a good quality of life, and make healthy choices about their lives and their environment.



## Strong Connections

Strongly connected people, places and organisations, that are able to adapt to change.



## Early Intervention

People have the right help at the right time; as and when they need it.



## Prosperous People and Places

Maximise opportunities for people and places in both urban and rural parts of our county.

## Exploratory Themes for Action:



**TRIGGER POINTS** : identify and understand the triggers, transitions and challenges experienced throughout life and across Carmarthenshire.



**ENGAGE & INSPIRE** : seek not only to hear the voices of the people, but to enhance their understanding and motivate engagement with the aims.



**SHARED OWNERSHIP** : ensure co-creation; the inclusion of partners and people in the design and delivery of services.



**ADDING VALUE** : every action undertaken by the PSB must demonstrate added value.

